

# Jordan Soft Roller - Compact - 34cm

£26.40

## Product Images



## Short Description

There's a significant growth in foam roller usage and demand, due to their versatility and durability. This 34cm x 15cm compact foam roller is easy to drop in your bag for taking to classes, the athletics track or even to the gym. You can perform numerous exercises and stretches, whilst the roller will help massage and target trigger points in your muscles for rehabilitation and stretching.

## Description

### Compact Foam Roller

This is an extremely versatile short foam roller that's available now. Excellent as a rehabilitative tool or more commonly to be used as a stretching roller, you can also use to deep massage those sore muscles. Whether you want to use at home, or on the track before your race, this is a quality made soft foam roller that will

stand up to frequent use.

## Key Features

This roller measures 25" x 4" (63cm x 10cm). Cleanliness is also straightforward with its washable and easy to clean surface that will not absorb moisture. It is excellent for use at home in your gym or in your front room. It is also incredibly light and easy to carry around and is therefore ideal for gym or class sessions.

- Compact size - 14cm x 34cm long
- Waterproof & Latex free
- Ideal stretching tool
- Grey/Green
- EVA/polyolefin blend

## Additional Information

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SKU	JLSSR
Weight	1.500000
Equipment Usage	Home Use