

# Jordan Core Plate Handle

£69.60

## Product Images



## Short Description

This core plate handle is to be used in conjunction with either the core plate or portable core trainer. This can help you target more muscle groups when performing your Landmine Squats and Viking Press. Designed to allow you to stand over the bar and then perform upright rows with a wide grip. Also introduces an angle to the pull.

## Key Features

- Sturdy rigid design
- Good grips
- Use with Core Plate / Portable Core Trainer
- Textured black finish

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SKU	JTCPH BLK
Weight	1.000000
Equipment Usage	Home & Commercial Use
Warranty	1 Year Manufacturers Warranty

## Additional Information