

Exigo Vertical Leg Press

£3,234.00

Product Images



Short Description

If you want to work those legs properly using a machine, then this Exigo Vertical Leg Press enables you to focus solely on your legs either together or you can do them individually. Exigo's vertical leg press comes with ISO Lateral technology which ensures the smoothest converging and diverging arcs of motion - which means they mirror the actual movement of your legs more closely.

Why The Vertical Leg Press?

Working your quads, hip flexors and hamstrings can all be achieved with ease. Exigo designed the Vertical Leg Press cleverly allow for both legs, one leg, alternative and different weights for each. You can do a wide stance or a narrow one too. Made to order, you can choose your frame colour too.

We Give You More...

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* Please Contact Us For Lead Times

** Mainland UK excluding Northern Ireland and Highlands, IM and JE postcodes

Description

Exigo - Vertical Leg Press

From squats to hip exercises, the vertical leg press can provide you with a very targeted workout. Less common than the hack squat machines or angled leg press, advantages include your stance being far more effective to pick out specific muscles groups.

For example a narrow stance works the quads more, whereas a wider stance works those inner thighs. It's also shown that your workout of the hip flexion is vastly improved over a standard squat. Finally, your back is supported throughout any exercise.

Exigo's ISO lateral vertical leg press is designed to ensure as smooth a convergence and divergence in the arcs of motion. This acts to prevent injuries and can improve existing conditions if suitable weights are lifted.

Key Features

- Iso-Lateral Technology for smooth converging and diverging arcs of motion
- Move both limbs at the same time, one at a time, alternating
- Use different weights for each
- Manufactured in the UK

Exigo Colour Palette

Exigo offer a range of frame colours for their leg press machines as well as upholstery colours - see below :

PREMIUM FLAT FINISH COLOURS

Other colours available POA

Please note: Actual colours may vary slightly from visuals



PREMIUM FINE TEXTURE FINISH COLOURS



UPHOLSTERY OPTIONS

Other colours available POA

Please note: Actual colours may vary slightly from visuals



Additional Information

SKU	3135-1
Weight	125.000000
Equipment Usage	Full Commercial Use
Warranty	Main Frame - Framework (structural steel and welds) warranted for lifetime against defects in workmanship and materials under normal use.(Excluding surface finish) Parts - 2 Years: Linear bearings, rotational bearings 1 Year: Spring loaded pins, handles,