

# 6ft Pro Olympic Bar with Bearings (680kg Max Load)

£198.00

## Product Images



## Short Description

Superb Olympic Pro Bar for a range of strength exercises. This 6ft Olympic bar is a must for strength based gyms and for home gyms where you're serious about strength work. Weighing 15kg, this is a premium grade Olympic bar and has the added benefit of precision bearings for a smooth sleeve rotation. With it's durable brushed steel finish and knurled grips, although it's only a 6ft Olympic bar it has been tested to a load of 680kg.

This bar is also available in either 5ft or 7ft lengths.

## Key Features

- Olympic Bar - 2" diameter sleeves
- 28mm Grip
- 1 Year Warranty
- 15kg bar weight
- Max loading 680kg

# 6ft Pro Olympic Bar with Bearings

Using a Pro Olympic bar and discs will help you improve your strength with a number of exercises. The Olympic bar needs to be able to take the weight you want and also have rotating sleeves for grip comfort. This 6ft Olympic bar is a premium grade one that has bearings in the sleeves to ensure their smooth rotation and you lift the bar.

Tested to a 680kg maximum load, it has been manufactured to match the Olympic standards of 2" diameter sleeve sizes. This means you can use any Olympic discs you already have, or you can buy as you see fit. With its durable brushed steel finish, it looks the part and with the foot less in length may be best suited for home gyms.

## Why Choose an Olympic Bar?

It's the gold standard for heavy weight lifting. Giving you the ability to add large weight (0.5kg to 25kg) Olympic discs you would usually have an Olympic bar for squats, chest press, clean and jerk or snatch exercises.

The importance of the smooth rotating sleeves can also not be ignored. As you perform squats or chest press, the rotating sleeves ensure you can complete the exercise without rotational forces on your grip from discs sticking. This 6 foot Olympic bar also has a small amount of give and flex and is perfectly balanced.

## Key Features

- 6 foot in length (1.83m)
- Olympic 2" Sleeve diameter
- 28mm Grip
- 1 Year Warranty
- 15kg bar weight
- Max loading 680kg

## Additional Information

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SKU	P6OB
Weight	15.000000
Equipment Usage	Home & Commercial Use
Warranty	One Year Warranty
Made From	Brushed steel
Length Dimensions	183cm
Width Dimensions	3.2cm