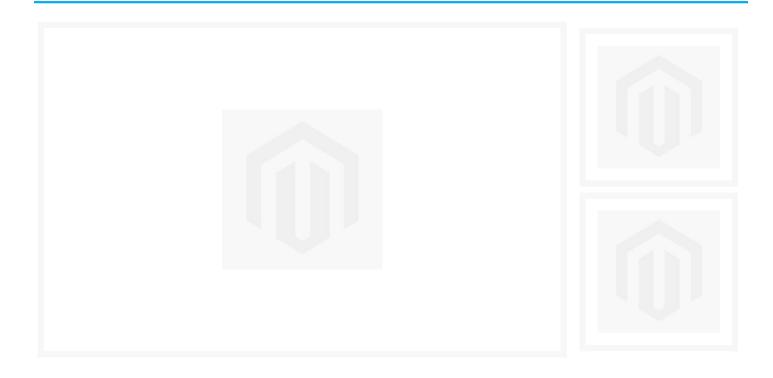# Align-Pilates Pro Sitting Box

£199.99

Product Images

Short Description

Can be used with any reformer, this Pro Sitting Box opens the door to a host more seated and prone exercises that you can perform on your reformer. This is a marine ply box that is maple veneered which ensures longevity. The outer covering is a vinyl upholstery that has been chosen as it is abrasion resistant to prevent scratches and tears.

Using Your Sitting Box

Your reformer is great for a wide of exercises, but you can expand the number and range by using this sitting box. As well as making it more comfortable for prone exercises like the Swan, it's also great for supine long box exercises like the Back Stroke thanks to the lack of a hard edge on the box and other exercises like side sit ups.

Pilates Reformer Sitting Box

Using a reformer is growing in popularity thanks to it's resistance training roots and due to the range of

accessories that make it possible to perform a wide range of exercises including prone, abdominal strength, side stretching and suppine exercises. If you invest in a good light commercial reformer like the C1R and then add different accessories like the sitting box, jump board or mat converter.

Key Features

- A Maple-veneered marine ply box
- EVA padding ensuring longer life span
- The cover is an abrasion resistant vinyl upholstery
- Weight: Approx 9kg

Additional Information

SKU	PAPBOX
Weight	9.000000
Equipment Usage	Home & Light Commercial Use
Warranty	Metal Frame & welded Components - 10 years, Wooden Frames, Gear Bar and Foot Bar mechanisms - 5 years, other non wear & tear - 2 years, Ropes, Straps, Spring Clips, Handles, Fuzzies, Wheels, foot straps, Rotational Discs & Non foam rollers - 1 year, Spri
Additional Features	Covered with abrasion resistant vinyl upholstery.
Length Dimensions	700mm
Width Dimensions	400mm
Height Dimensions	280mm