

Align-Pilates F2 Folding Reformer

£1,300.00

Product Images







Short Description

With its folding reformer, Pilates is now accessible for the home without the need for a large gym. This folding F2 Reformer has 4 springs for resistance, allows for two foot bar positions, comes with double loop handles and also a three-position head rest. Travel is a generous 95cm and there's a number of accessories that you can also buy to complement what is a complete reformer package.

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Choosing a Folding Reformer

Perfect for the home, this F2 folding reformer packs away for both safety and ease of storage. The steel frame means it is highly durable and stable when opened out for use. This can all be done one person - although two makes it a lot simpler. You are also able to use the C1 Jump Board and the Frame Sitting Box.

Description

The F2 Folding Reformer

With its bed-like frame, the carriage rolls back and forth on the frame and is attached to the end of the reformer by a number of springs - in this case 4. These springs allow you to set the resistance you want when using the carriage as you push or pull it along the frame. With shoulder blocks that prevent you sliding along

the carriage when using, the footbar is used by your feet or hands as you move the carriage.

So it's bodyweight and the springs that create the resistance, allowing you to use a number of different positions to work your muscle groups.

With the F2 offering a smooth and progressive resistance, you also get a wide range of adjustments that allow you to fine tune the machine. It folds up in just a few minutes to leave a compact machine that you can wheel or carry about to store.

Key Features

- Easy to fold up after use
- 95cm travel for carriage
- 4 Nickel Plates Resistance Springs
- Two Key Foot bar positions
- Double loop handles
- 3 position head rest
- Steel frame with 8 wheel design

Dimensions

- Open size (maximums): 247cm x 70cm x 47cm
- Carriage size: 89cm x 58cm (w)
- Folded size (maximums): 143.5cm x 70cm x 34.5cm
- Weight: 55kg
- Max user weight: 120kg. Suitable for users: 145cm - 193cm (4'10" - 6'4")

Additional Information

SKU	PAPREFORMERF2
Weight	55.000000
Equipment Usage	Home & Light Commercial Use
Warranty	Not warrantied for commercial use.
Made From	Steel Frame
Additional Features	New Align-Pilates double loop handles with "silent" metal free connectors for a quieter workout
Resistance Type	4 nickel plated music wire springs (2 medium, 1 strong and 1 light)
Accessories Available	C1 Jump Board and the Frame Sitting Box
Folded Dimensions	Folded size (maximums): 143.5cm x 70cm x 34.5cm
Length Dimensions	247cm
Width Dimensions	70cm
Height Dimensions	47cm

Additional Options

Delivery Options	Delivery - Pallet Kerbside	£40.00
	Delivery & Install cost to be advised based on location	£0.00