Cybex Bravo Advanced Functional Trainer (Tall)

£11,340.00

Product Images



Short Description

The Cybex Bravo Advanced Tall Functional Trainer provides a superb cable and strength machine for homes and commercial gyms. By having both selectorised and cable-based strength training with a Progressive Stabilization Pad, you can adjust the amount of stabilisation you want when doing exercises.

Why Choose the Bravo Advanced Tall?

With a little more height, the 'Tall' version means you get extra height for pull ups and hanging exercises. The Bravo allows you to work your upper and lower body with hundreds of different exercises, meaning you can isolate muscle groups with ease. The Bravo Tall comes with a 77kg weight stack and 2:1 configuration as standard. There is also the option of a 4:1 ratio for the light stack or a heavier 147kg stack with a 4:1 configuration for sports performance and rehabilitation.

We Give You More...

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* Mainland UK excluding Northern Ireland and Highlands, IM and JE postcodes

*Please note this machine is often made to order so please contact us for a specific lead time.

Cybex Bravo Functional Trainer - Tall

Described as a functional trainer, you get a dual adjustable pulley, selectorised machine and pull up/hanging bar in one single machine.Whether you choose to tuck this in a corner of your gym, or make a feature of it. With thr ability to perform a huge range of exercises you can make it the centre of your workout.

Apart from the commercial grade frame and components, the key to the Cybex Bravo standing out as a functional trainer is the Progressive Stabilsation. A horizontally and vertically adjustable pad that allows users to adjust the amount of stabilisation you want to perform your exercises. From partial stabilisation through to complete, you control depending on your end goal and your strength/experience.

Watch The Video

What Is Progressive Stabilisation?

The progressive pad is designed to allow you to increase or decrease the level of stablisation you require for an exercise. You are able to adjust the height and/or horizontal position of the pad.

Whether you are a beginner or a more advanced gym user, choosing how much stability you want to help you with the exercise a great way to try a wide range of exercises you may not have tried. Depending on the amount of stabilisation you want, you can set up the Bravo like a pure functional trainer or like a more traditional dual adjustable pulley.

Choosing a half way house like partial stability means you can increase the difficulty of some exercises as much as you require. This can help you progress with your training.

Why The Cybex Bravo?

Manufactured to a very high quality, you get a commercial grade frame and components, the reassurance of it's durability and you even get a choice of frame and upholstery colours (see below).

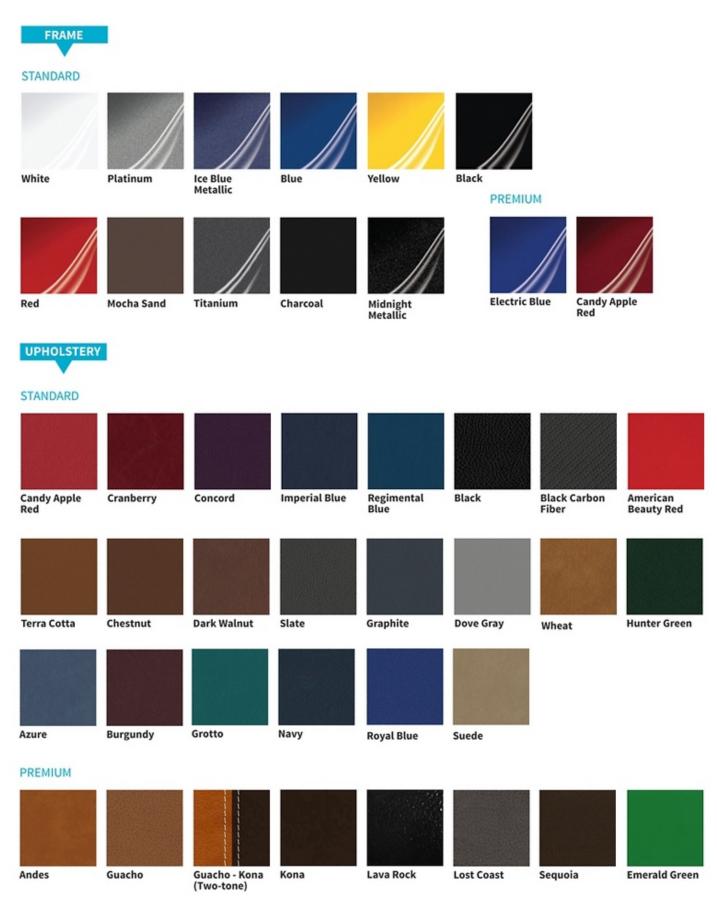
Allowing you to perform hundreds of different movements and exercises, the Bravo is a great choice for your home gym. It also lends itself perfectly to a corner - maximising your space for other items like the Arc Trainer or a spinning bike.

Key Features

- Progressive Stabilisation Pad choose stable or unstable movement
- Variable Grip Chinup Bar
- Cable Width Adjustment height and width configurations
- Comes in two ratios standard 2:1 or sports/rehab 4:1
- Weight stack is 77kg or 39kg each side (you can add additional weight stack)

Frame & Upholstery Options

As well as it's superb features, you can also choose from a range of frame and upholstery colours to suit your home gym design or existing equipment (additonal cost for 'premium' colours).



Additional Information

SKU	CBX-ADV-TALL
Weight	411.000000
Equipment Usage	Home & Commercial Use
Additional Features	Stabilisation Assembly: 10 height positions; 9 fore/aft positions in 2" (5 cm) increments. Cable Position Adjustment: Vertical - 19 positons with 3" spacing Rotation: 315 degrees detented every 45 degrees
Accessories Available	Standard Accessories : 2 strap handles, 2 mult-length strap extensions, ankle cuff, rotating arm bar, triceps rope, lat pull bar

Additional Options

Choose Weight Stack	Regular 77kg (2:1 Ratio)	£0.00
	Regular 77kg (4:1 Ratio)	£384.00
	Heavy 147kg (4:1 Ratio)	£540.00