

Primal Strength 6ft Ladies 'Linda' Olympic 15kg Technique Bar

£219.99

Product Images



Short Description

Developed and designed to provide a multi-purpose Olympic bar for users, this LINDA bar (named due to the CrossFit Linda WOD) offers a high spec and is perfect for weightlifting and squats.

Why Choose The Linda Technique 15kg Bar?

When designing the "Linda" bar we used 4-needle bearings for a smooth, reduced friction spin, with brass bushings for extra support. The bar has a thinner 25mm grip but is tested to a minimum of 190,000 pounds per square inch. The ends are finished with Snap-rings. The bar has an internal dimension of 131cm and fits our Primal racks.

The bar has a good flex/whip for weight-lifting and will always spring back perfectly. The Ionised black finish reduces maintenance required in busy gyms and boxes.

The Primal Strength Linda Olympic Bar is one of 7 Core Primal Strength bars and the range has been

designed for use in any box, sports facility, commercial gym, PT studio or home. It has a black Ionised finish and is suitable with all Olympic size discs. We recommend using the "Linda" bar with our Primal Strength PU or coloured rubber, bumpers and our Nero Grain Hi-Temp Bumpers.

Key Features

- 25mm Grip, Olympic 15kg Bar
- Machine-Finished with Snap-Ring Ends
- Dual Knurling with a Medium Whip
- 190,000 PSI-Tested, 1000 lb-Rated
- High-Tensile, Black Ionised Steel Bar
- 4 Needle & Brass Bearings

We Give You More...

GymEquipment.co.uk also include the following :

- FREE Delivery to Mainland UK over £100*
- No Deposit - 0% Finance over £500

* Mainland UK excluding Northern Ireland and Highlands, IM and JE postcodes

Additional Information

SKU	PSBA0008
Weight	15.000000
Equipment Usage	Home & Commercial Use
Warranty	3 Years- See Description
Made From	Steel
Type of Weight	15Kg