

# Primal Pro Series Swiss Olympic Bar

£135.00

## Product Images



## Short Description

With the Olympic 50mm sleeves and the multiple hand hold positions, this Swiss Olympic Bar is a superb addition to any home gym or commercial studio to add a bit of variety to arm strength exercises. Giving you the choice between narrow and wide grip, you also get angled position grips too.

## Why Use A Swiss Olympic Bar?

Having angled and neutral grips to choose from means you can use to prevent injury to shoulders when lifting heavy weights. All the different grips mean as well as shoulder or chest press, you can perform hammer curls, bent over rows and even tricep work. This Olympic Swiss Bar has a black coated finish and the 50mm sleeves. You also get a 3 year weld warranty.

## Key Features

- 14kg bar weight
- Narrow grip handles

- Wide grip handles
- Angled-Grip and Neutral Pressing Handles
- Powder-Coated Black Bar with Hardened Chrome Olympic Ends
- 200kg Weight Capacity

## Additional Information

---

SKU	PSBA0004
Weight	14.000000
Equipment Usage	Home & Commercial Use
Warranty	See Warranty Information in Product Description
Made From	Powder Coated Steel
Max User Weight	200kg
Type of Weight	10Kg
Length Dimensions	1856mm
Width Dimensions	50mm Bar End