

Stages SC3 Indoor Cycle

£2,848.80

Product Images



Short Description



Stages set out to develop the smoothest indoor cycle ride possible. The Stages SC3 Indoor Cycle has an ergonomic aluminium frame, a carbon fibre belt and the power crank that ensures you can monitor your rides for power as well as all the usual metrics.

Why Choose a Stages Indoor Bike?

As a lightweight indoor cycle with the power meter, you also get the self-powered EcoSCRN display for all the metrics and power readings you want. Coupled with their CarbonGlyde belt drive system and SprintShift gear levels you have a more realistic ride that imitates being outdoors. A superb option for the serious cyclist.

A Serious Indoor Cycle

Already used in countless gyms and cycling studios up and down the UK, the Stages SC3 Indoor cycle is a serious piece of kit that offers a solid and stable foundation for all your 2-wheel training needs! With its lightweight aluminium frame coupled with the carbon drive belt and power meter, the smooth action pedalling beats any road bike out there.

Stages takes the guesswork out of training, both on the road and in the studio. Many elite outdoor cycling teams and individuals choose Stages Power because when using the most accurate measure of performance, they can develop and adhere much more precisely to their fitness goals. Whether you are a studio owner or a home rider, you can benefit from the same precise data professionals use, and map their fitness strategies to more quickly reach their own goals.

Key Features

- Realistic riding feel
- Smooth pedalling action - even under full power
- Electronic shifting, braking, and steering
- Adjustable crank to suit rider heights and personal preference

- Stages Gen 3Dual-Side Power Meter (accuracy of within +/- 1.5%)
- Zwift and 3rd party compatible
- Premium gym standard technology
- Gates Carbon Belt Drive
- Fits XS to XL rider heights
- Comes with UK power plug

Power Up Your Workout

Using apps to help support your workout is essential, so thanks to the SC3 power meter you can connect up to :

- Zwift
- Rouvy
- Trainer Road
- Road Grand Tour
- FulGaz
- Sufferfest
- And more

Additional Information

SKU	STG-SC3
Weight	43.000000
Equipment Usage	Home & Commercial Use
Warranty	Frame - 15 yrs. CarbonGlyde Carbon Fiber Belt - 10 yrs. Mechanical System - 3 yrs. Labor & Electronics - 1 yr. Wear Items - 6 months.
Made From	6061T-6 Aluminum Alloy, Advanced Hydro & Air Formed Tubing, TIG Weld
Max User Weight	350lbs (158kg)
Power Consumption	Stages Power meter, Stages EcoSCRN Display Console with Self-Generating Power Source
Resistance Type	Magnetic Eddy Current with SprintShift Resistance Lever, Micro-Adjust Resistance Dial, & Emergency Push-to-Stop
Power Measurement	Yes
Drivetrain	CarbonGlyde Featuring Gates® Carbon Drive™ Carbon Fiber Belt
Flywheel	High-Inertia, Cast Iron Perimeter Weighted
Pedal Type	SPD & Toe Cage
Seat Adjustment	For Users 4'10" (147cm) to 6'10" (208cm).
Length Dimensions	111cm
Width Dimensions	63cm