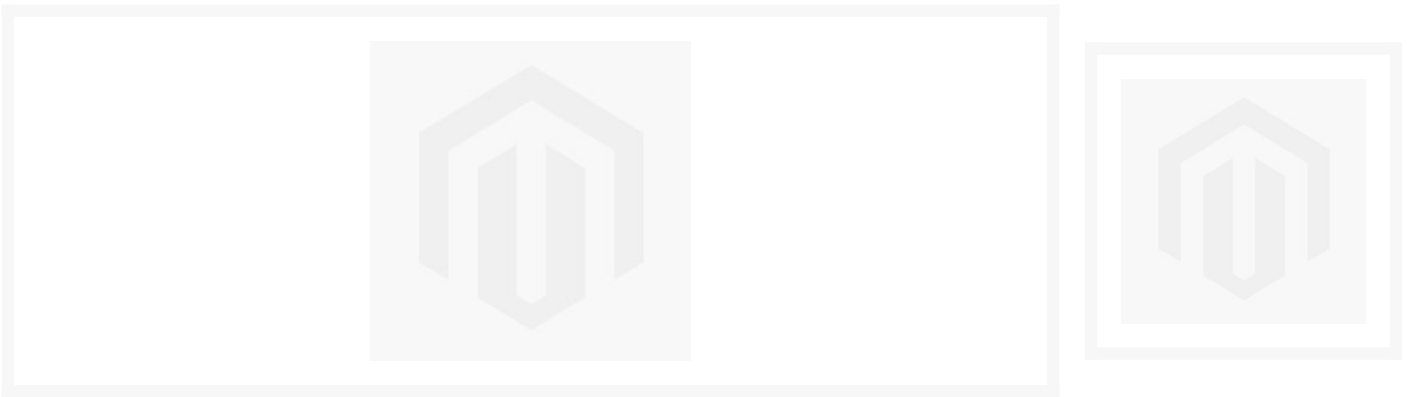


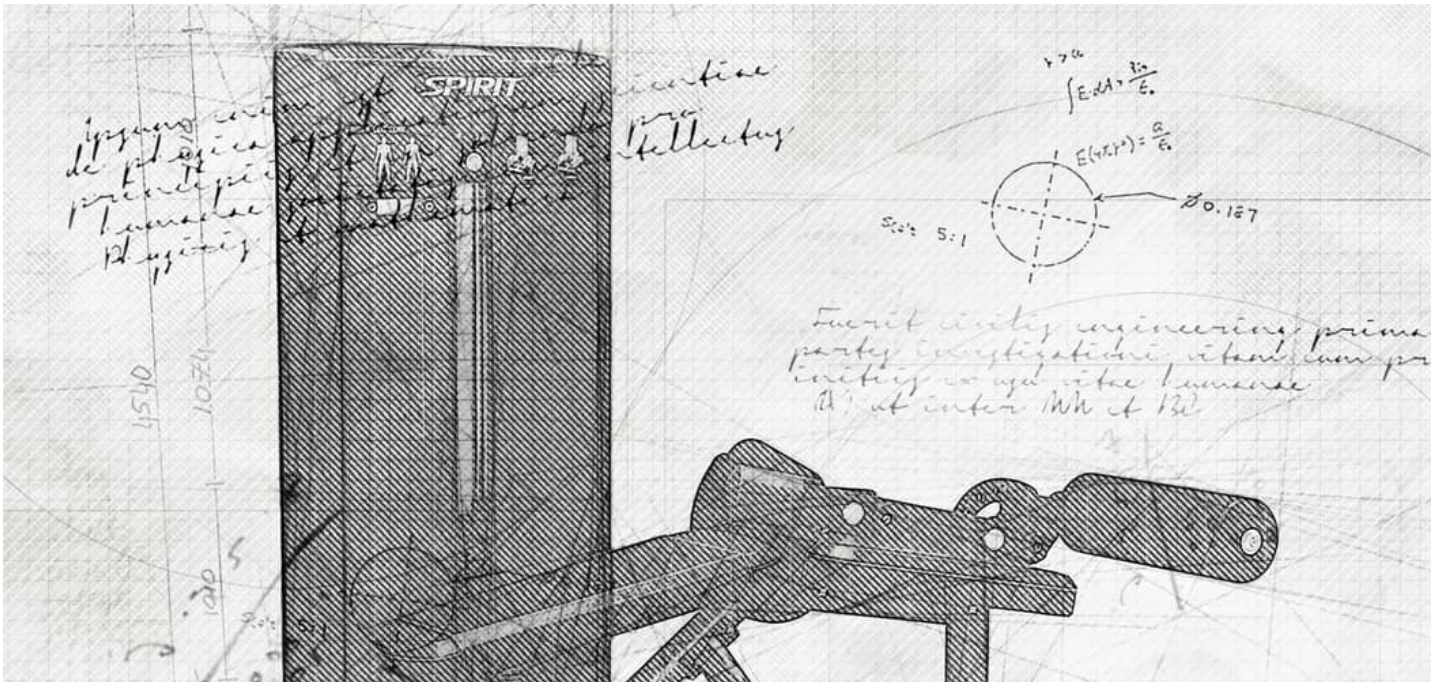
# Spirit 35 Pin Select Back Extension

£3,495.00

## Product Images



## Short Description



Working against gravity, you can work your lower back and abdominals thanks to a selectorised machine like the Spirit 35 Pin Select Back Extension. With a smooth movement, easy to adjust seating position and the quality upholstery it's a comfortable workout.

Part of a 21 strong series - the 35 Pin Select range - the commercial machine comes at a very reasonable price

for its looks and 90kg weight stack.

## Choosing The Right Machines

Whether for a [home gym](#) or a commercial facility, selectorised machines do require a little more room and unless they are dual machines (i.e. they do "abductor and adductor", or "low row and lat pulldowns" for example) then you need to choose wisely to minimise cost and also space.

The selectorised back machine offers a good low impact way to work the lower back and abdominal muscles safely. With a number of features that help the user to position correctly and comfortably, the back extension is a good machine to have in your gym for posture and strength work.

## Key Features

- Easy adjust gas assisted seat height
- Premium seat and back pad upholstery
- Adjustable roller pad for back
- Foot bar well positioned for stabilising
- Commercial warranty

## Additional Information

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SKU	SP-3503
Weight	231.000000
Equipment Usage	Home & Commercial Use
Warranty	Full Commercial Warranty - 3 year Parts & Labour
Length Dimensions	1057mm
Width Dimensions	1298mm
Height Dimensions	1592mm