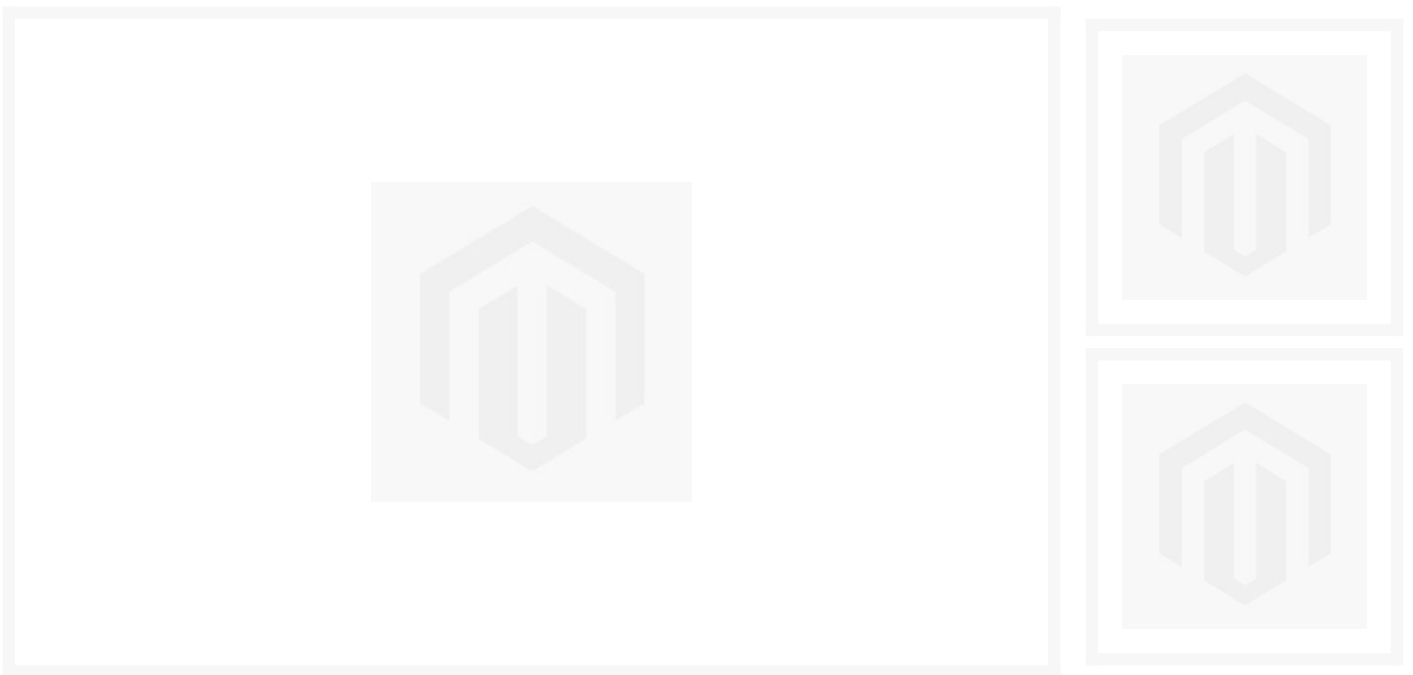


# The GRID 1.0 Foam Roller (Black)

£40.48

## Product Images



## Short Description

Forget everything you've ever known about traditional foam rolling - The GRID™ is here, and it's going to take foam rolling to a whole new level. The GRID™ has been designed for athletes and people of all types; from long distance runners and endurance athletes to major sports players and yoga enthusiasts.

Whether you're looking to massage your lats, quads, lower back, or any other large muscle group, or trying to achieve a killer core body workout, The GRID™ is certain to suit your needs. The GRID™ is the most versatile and comprehensive foam roller and workout tool available. The unique Matrix and Distrodensity Zones design allows for targeted massage with a more realistic experience.

## The Grid (Black)

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## Key Features

- Whether you're looking to massage your lats, quads, lower back, or any other large muscle group, or trying to achieve a killer core body workout. The GRID™ is certain to suit your needs.
- The GRID™ is the most versatile and comprehensive foam roller and workout tool available.
- The unique Matrix and DistroDensity Zones design allows for targeted massage with a more realistic experience.

## Additional Information

SKU	GRDB
Weight	1.000000
Equipment Usage	Home & Commercial
Warranty	1 year against manufacturing defects
Made From	EVA Foam
Length Dimensions	13" (330mm)
Width Dimensions	5" (127mm)

## Additional Options

<b>Other Options</b>	The GRID Mini (Black)	-£15.00
	The GRID 2.0 (Black)	£27.00
	The GRID 1.0 (Camo)	£0.00