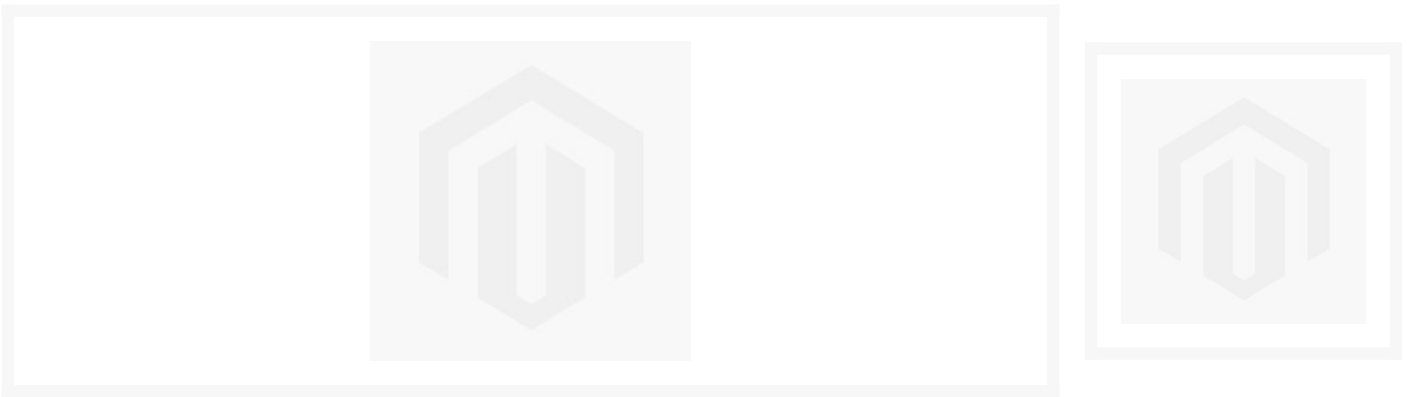


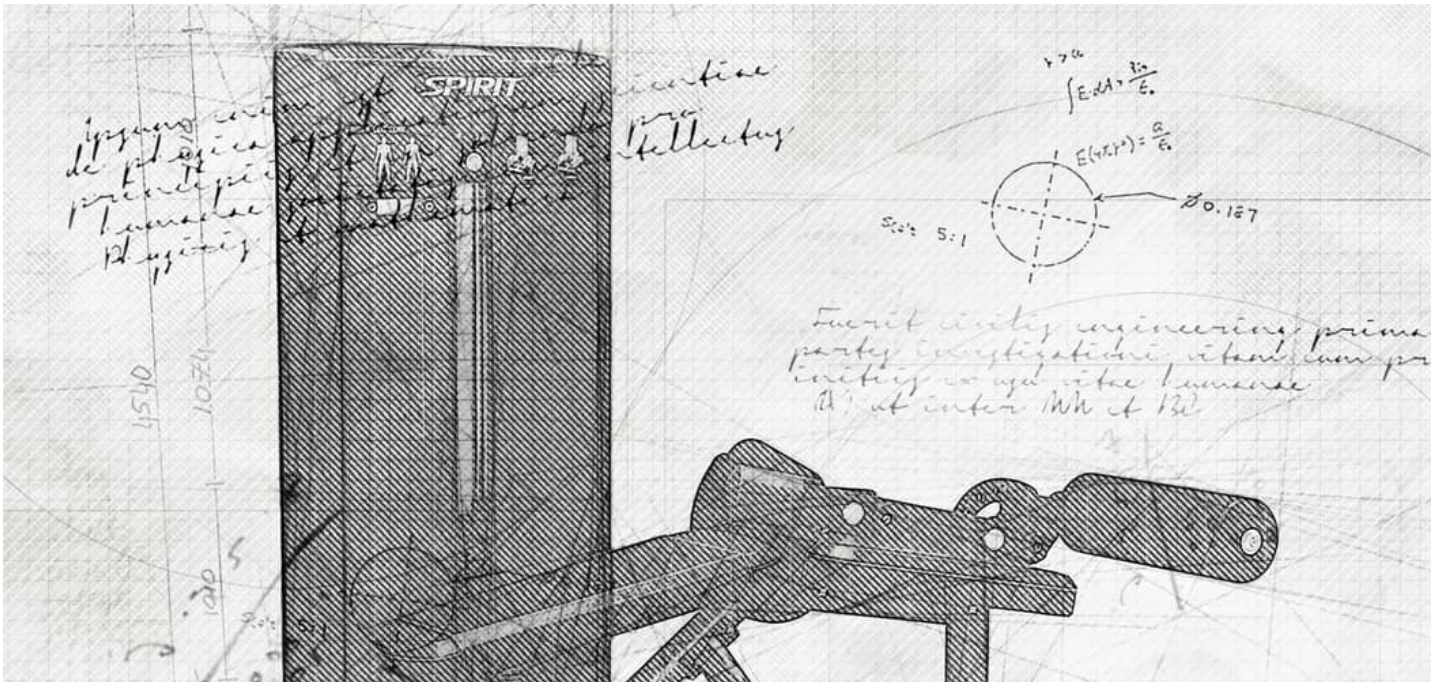
Spirit 35 Pin Select Leg Extension

£3,495.00

Product Images



Short Description



One of the regular "single machines" you'll see in a commercial gym. This Spirit 35 Pin Select Leg Extension machine gives you the perfect chance to work those quads and ligaments either bilaterally or unilaterally. In fact did you know that leg extensions in particular are perfect either as a last workout exercise, or if you are going to be having a 'leg day' then to pre-exhaust your quads.

Using Leg Extension Machines

Designed to isolate the leg muscles, a leg extension is great if you can position yourself properly for the exercise. This Spirit 35 Pin Leg Extension offers back pad adjustments to allow you to be in proper alignment with the axis of rotation. The lower tibia pads also have numerous adjustment positions so it sits correctly towards the bottom of the leg.

Finally, the actual range of motion is adjustable, meaning you can limit the path of motion in case of rehab or where you have limited range. The machine uses a premium upholstery and also comes with the standard 90kg single weight stack.

Key Features

- Standard 90kg weight stack
- Stylish graphite finish
- Adjustable back pads
- Adjustable tibia roller pad
- Unilateral and bilateral motions for correcting muscle imbalances

Additional Information

SKU	SP-3510
Weight	244.000000
Equipment Usage	Home & Commercial Use
Warranty	3 Years Parts & Labour
Length Dimensions	1156mm
Width Dimensions	1407mm
Height Dimensions	1592mm