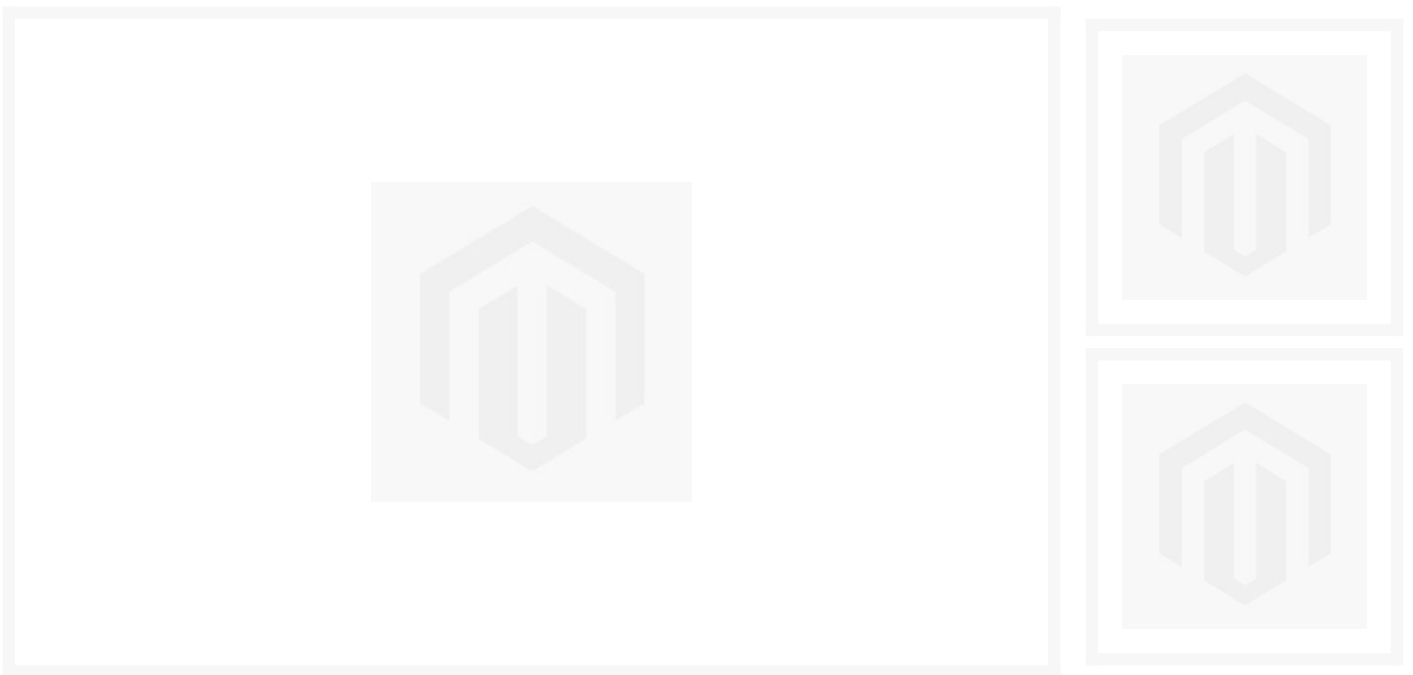


Prickle Stimulating Balls (Pair)

£15.00

Product Images



Short Description

A simple yet effective accessory, the prickle stimulating ball is great for muscle activation and proprioception. This small ball has spikes to help stimulate the muscles and sensations whenever touched. These prickle balls can be slightly squeezed to aid grip and can be inflated/deflated. Use the Single Action Hand Pump.

Choosing A Stimulating Prickle Ball

The beauty is, you can easily just chuck this in your gym bag and take it with you. The prickle stimulating ball measures approximately 10cm and is squeezable to aid grip. Great for training kids as you can throw, it catch it, squeeze it, whatever you wish to do. Also useful for self massage for tight muscles.

Description

Stimulating Balls

Just one of many fitness accessories here on GymEquipment.co.uk, these stimulating balls are great for people of all ages to use. Prickly to touch they will stimulate and activate muscles when touched.

Available in red or yellow, simply contact us if you require a specific colour.

Additional Information

SKU	PSBRY
Weight	1.000000
Equipment Usage	Home Use