

Supaflex Resistance Tube - Level 1 (Beginner)

£10.80

Product Images



Short Description

Manufactured above all to be a quality accessory and a durable one, the new Supaflex X-Tube is a resistance tube that can be used for a range of exercises. It comes with foam handles that provide not only good grip with sweaty hands but also for comfort. There's also a 60cm protective sleeve that covers the tubing to help prevent the normal wear and tear tubing gets. This is the beginner, or Level 1, version.

As with the SupaFlex resistance bands, Supaflex X-Tubes have a colour coding system to help you select the right resistance. There's a five colour coded system from beginner to advanced. There's also a latex-free version.

Description

Beginners Supaflex X-Tubing

A cost effective addition to your home gym, the Supaflex X-Tubing allows you to do resistance training with ease thanks to it's foam easy to grip handles. If you've had resistance tubes before, you'll also know they rip or wear easily. Supaflex have countered this by adding a protective sleeve to prevent natural wear and tear.

Designed to be easy to use the range of exercises you can do is great for all levels of fitness fanatics. From shoulder press through to lower back stretches, tricep extensions to side rasies. Whilst it can't replace free weights entirely, it's a great way to get started on the more detailed exercises.

Supaflex have developed their resistance bands and X-Tubes with a simple colour-coding system to make life simple. From beginners to experts, the variation of exercises is superb for such a simple piece of gym equipment.

Additional Information

SKU	XTP1L
Weight	1.000000
Equipment Usage	Home Use