

Life Fitness C3 LifeCycle (Track Connect) Ex- Showroom

£1,945.00

Product Images



Short Description

The Life Fitness C3 Exercise bike offers a natural upright seating position; all round adjustability for comfort; personalised programs and Quick Start options that's also self powered. The C3 exercise bike is a gym club quality exercise bike that you can use at home.

Choosing the C3 LifeCycle

With so many models and brands, when you're looking for an exercise bike that can provide the best workout, then the C3 will deliver the workout you want whether that's a low intensity rehab session or a high intensity cardio workout. Life Fitness have designed the C3 bike to be comfortable as well as ensuring it performs. Why not see more of the features in detail below.

Why Choose the C3 Exercise Bike?

Exercise bikes are one of the most popular pieces of fitness equipment for the home. Life Fitness created the C3 exercise bike to provide a quality and versatile piece of gym equipment that would stand the test of time. It's a commercial-quality piece of equipment, that ensures it can take the pressure of your workouts day in and day out.

With some great features, a superb console and market-leading build quality, the investment in buying this bike is well worth it.

The Track Connect Console

An LCD touchscreen at the front of the treadmill that provides the technology for your workouts. With the repositioned iPad/iPhone holder and Bluetooth compatibility, you also have the addition of HIIT workouts. Their technology allows for four user-defined, customised workout programs giving you more choice and more versatility for a running program.

Other key features include :

- Integrated iPhone/iPod Controls - for playlists
- Bluetooth for proximity login on the LFconnect app
- USB for Android Connectivity - Track Connect interacts with Android apps
- Fit Test Advanced Workout challenges and monitors fitness improvement



- 1 Bluetooth sync to Sync to Apple® Health, Jawbone®, Fitbit®, Google Fit®, MyFitnessPal®
- 2 USB for Android Connectivity - Track Connect interacts with Android fitness apps PLUS updating software
- 3 Fit Test Advanced Workout challenges and monitors fitness improvement
- 4 Entertainment Rack for a tablet, smartphone or reading materials
- 5 Integrated iPhone/iPod Controls - for playlists for entertainment during a workout.

Additional Information

SKU	LF-C3-T-Display
Weight	54.000000
Equipment Usage	Home
Additional Features	Oversized Non-Slip Cushioned Pedals.
Display Monitor	4 x 6" LCD with blue background
Console Functions	Calories, Distance, Speed (mph / km/h) Level, Time, Heart Rate, Target Heart Rate, MET's.
Program Types	14 (Manual, Random, Hill, EZ Incline, Sport Training, Fit Test, HeartSync Fatburn, HeartSync Cardio, HeartSync Heart Rate Hill, HeartSync Heart Rate Interval, HeartSync Extreme Heart Rate, Calories, Distance, Targe Heart Rate).
Heart Rate Monitoring	Contact Heart Rate Sensors, Telemetry heart rate monitoring (wireless chest strap included with console) .
Max User Weight	180 Kg
Power Source	Mains
Resistance Levels	20
Accessories Available	Front mounted bottle holder and accessory tray.
Length Dimensions	115 cm
Width Dimensions	69 cm
Height Dimensions	143 cm