Olympic Decline Bench

£1,554.00

Product Images



Short Description

To perform decline bench presses safely and effectively why not use the Olympic decline bench. Not only will you be buying a high quality product but you will get great features including 5 adjustable lengths (for a comfortable pressing position), a weight storage system, a recessed area for a spotter and anti slip rubber feet. You can pick between black or grey for the upholstery and it also comes with an ultra durable silver frame to withstand the most rigorous workout environments.

Why The Olympic Decline Bench?

The Olympic decline bench is great for people looking to develop the press muscles specifically targeting your lower sternal fibres, pectorals major, deltoids and your triceps. It is a heavy duty piece of kit that represents excellent value for money. Comes in two different frame colours, grey and black.

Decline Bench Press

We are pretty confident that you will not be disappointed with this decline bench press from GymEquipment.co.uk. You can use it at home but it is also suitable for use in gyms or health clubs. It is sturdy enough for the heaviest lifters and will help develop the muscles of the chest effectively. Perform all decline presses and other decline exercises such as supine triceps extension or decline fly's.

With added weight storage pins it is the ideal solutuion to maximise floor space and store weight plates and discs safely. If you are interested in purchasing this simply place an order online or call us on 01494 952182. Further product details for this item can be found below.

Key Features

- 2 catch bar positions
- Durable fine grade upholstery
- High density foam padded rollers
- This bench provides placement for a spotter

Additional Information

SKU	JL-ODB-BLK
Weight	101.000000
Equipment Usage	Home Use

Additional Options

Choose Your Frame Colour	Black Frame	£0.00
	Grey Frame	£0.00