

TRX - Pro Version

£199.96

Product Images



Short Description

The all new TRX Pro harnesses your own body weight to create resistance as you train. It features new durable, easy clean rubber handles and a locking karabiner for theft prevention. It also has 3 different anchors so you can always find somewhere to attach it to. The TRX suspension trainer pro is one of the most well known brands of suspension trainers and is popular in gyms and fitness centres around the world. Suspension training builds superior muscular balance, joint stability, mobility, and core strength helping you perform better in any sport. It also improves posture and prevents injuries.

What do you get with the TRX Pro Kit....

- TRX Pro Suspension Trainer
- Get Started Guide (Setup instructions and workout cards)
- Xtender Strap (For attaching your TRX to high or oversized anchor points)
- Trainer Basics Video
- Easy clean rubber handles
- Locking karabiner
- Door Placard (for safe training)
- TRX Wristband
- TRX Wrench (for security)
- Suspension Anchor (so you can set it up anywhere)
- Door Anchor (for training at home)
- Mesh Carry Bag

TRX Suspension Trainer

You may have walked into your gym or fitness centre and seen some straps dangling from the walls or ceiling beams and wondered what they are. Well we can tell you that these are one of the most functional pieces of training equipment used by exercise professionals and athletes across the globe. Don't be fooled by their simplicity as you can hook these straps up up to door frames, trees, ceiling joists, anywhere secure and perform a wide variety of exercises.

Perform suspended body weight exercises for the upper body and core with the TRX and you will see the results. There are a number of different suspension trainers available here on our site so simply call us if you wish to find out more.

The Pro version is suitable for use by fitness professionals and in gyms and health clubs and has a max loding of 917kg. There is also a home version available so please contact us if you only need one for home use or if you require any further information.

Additional Information

SKU	TRXP
Weight	1.000000
Equipment Usage	Home & Commercial Use
Warranty	1 Year