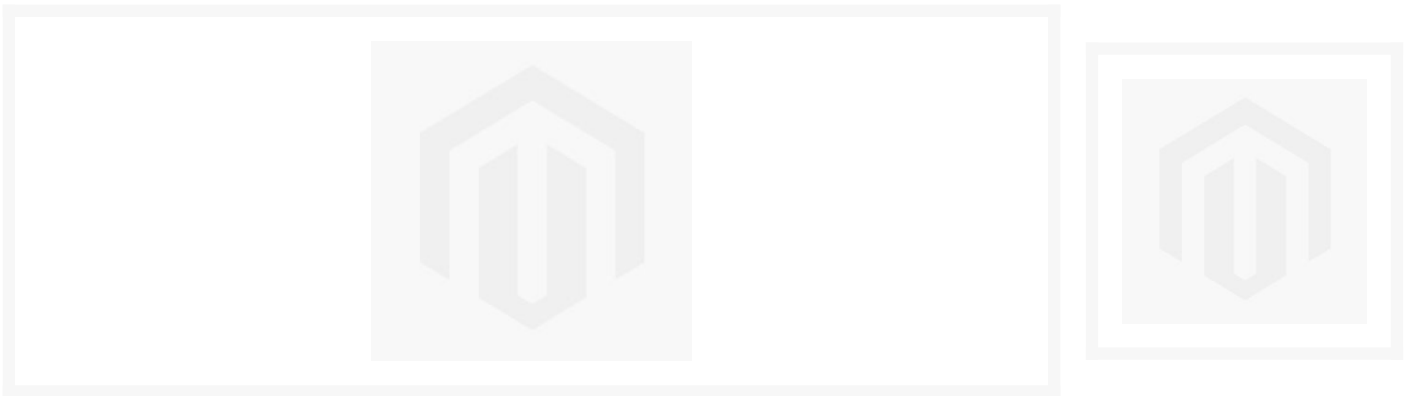


Battling Rope Anchor (Securing point for Ropes, Resistance Bands/Tubes)

£19.00

Product Images



Short Description

Anchor for Battling Rope

If you have a battling rope at home, or if you're wanting to use in the gym, this anchor point allows you to hook the battling rope through in order to perform the exercises that are synonymous with the weighted rope.

This heavy duty battling anchor creates a secure point for battling ropes, resistance bands and tubes. Mount it to a wall or the floor and simply loop your rope through it to get the most out of your workouts. The great thing about this battling rope anchor is that it has multi-use possibilities as it can also be used for securing resistance bands or tubes to. All the necessary screws and fixings for wall or floor mounting are included in the pack.

Description

Battle Rope Hook

Battle ropes are one of the latest training products to hit gyms across the country and this hook provides a secure point for you to attach your battle rope to. Great for working the aerobic and anaerobic systems as well as toning and strengthening muscles, battling rope workouts are both challenging and fun.

Loop your rope through the hook for maximum effectiveness and then you can perform swings, rotations, slams, rapid 'up and down' movements and much more whilst holding each end. The great thing about battle ropes is that they are easy to set up, workouts can be performed quickly and you can build muscle and burn fat simultaneously. Not only that, you can use it with a partner.

Key Features

- Secure multi-purpose anchor
- Strong and durable
- Comes with all necessary attachment screws

Additional Information

SKU	BRA
Weight	1.000000
Equipment Usage	Home Use