

75cm Stability Ball

£25.20

Product Images



Short Description

A staple of most gyms and studios, gym balls or stability balls offer a range of possible exercises you can perform as well as being useful for rehab and for tricky balance work. This 75cm stability ball is made from a flexton®, a burst resistant material that is latex free and colour coded so you know what size it is! It can take up to 400kg of weight during use and allows you to perform squats, chest flies, ab work and even press ups.

Description

75cm Gym Ball

Suitable for not only exercising but for rehab and also balance work, the humble stability ball is a must for gyms and studios however large they are. This 75cm stability ball comes as part of a series of balls ranging in size but above all it can take up to 400kg in weight.

This gym ball has been made out of a material that has no latex and is burst resistant. Called flexton®, this material has also had static compression testing which is how they know the 400kg is the limit. These gym balls also have a CE mark of approval and are ISO certified quality wise.

So whether you're are looking to enhance your abs, work on your push-ups with some stability work or for throwing and catching exercises as part of a cardio class, this cheap and easy to use accessory is a great purchase.

Additional Information

SKU	PB75
Weight	1.000000