

# Foam Roller - 4 Inch x 35 Inch

£17.00

## Product Images



## Short Description

Foam rollers are extremely popular now with their versatility, useful for postural work, a stretching tool as well as for rehab. a valuable tool to have around you. This is our 4" x 35" foam roller, which is part of our 9 size range. Increase postural awareness and correct faults with specific corrective exercises.

It measures 35" x 4" Roll (90cm x 10cm). Its very portable and therefore can be stored behind a door as well as the back seat of your car for going to your classes.

## Description

### Foam Roller - 4" x 35"

Extremely versatile Roll now available in nine sizes.

- Surface washable and easy to clean – will not absorb moisture.
- Many Pilates exercises can easily be adapted for the Stability Roll.
- Measures 35" x 4" Roll (90cm x 10cm).
- Excellent for use at home or in a class situation.
- Easy and light to transport.

## Additional Information

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SKU	SR435
Weight	1.000000