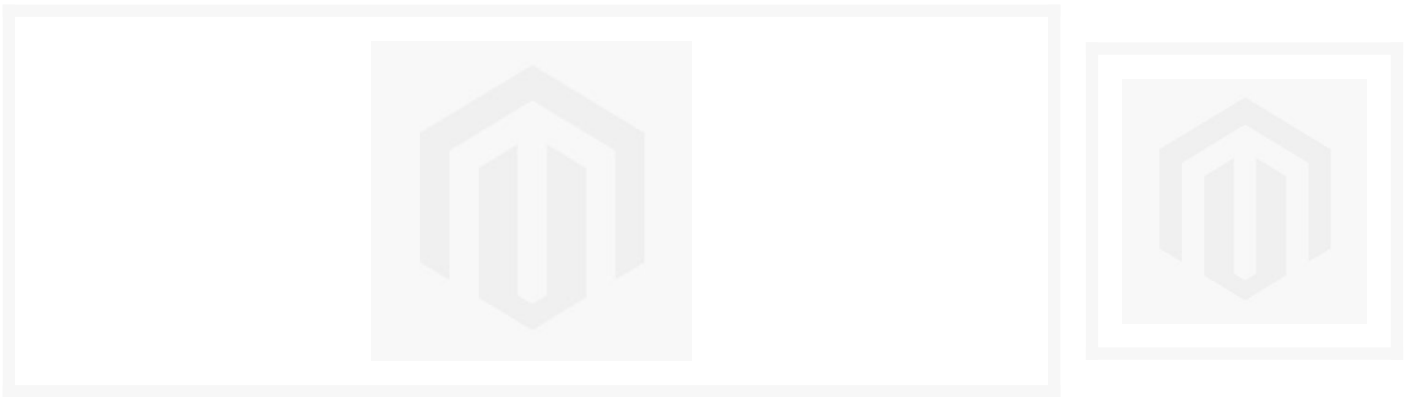


Foam Roller - 6 Inch x 35 Inch

£30.00

Product Images



Short Description

This 6" x 35" foam roller is a very versatile Roll. widely used in the fitness and physio sector, helps improve overall balance by challenging deep muscle isolation and control with slow, steady movements. Increase postural awareness and correct faults through deeper understanding, biofeedback and specific corrective exercises

Surface washable and easy to clean, it will not absorb moisture. Many Pilates exercises can easily be adapted for the stability roll. Measures 35" x 6" Roll (90cm x 15cm). Excellent for use at home or in a class situation as it is easy and light to transport.

Description

Foam Roller - 6" x 35"

This is our 6" x 35" foam roller, which is part of our highly successful roller range, used and prescribed by physio's as well as a standard product used widely in the fitness industry, it is an extremely versatile Roll.

- Surface washable and easy to clean – will not absorb moisture.
- Many Pilates exercises can easily be adapted for the Stability Roll.
- Measures 35" x 6" Roll (90cm x 15cm).

- Excellent for use at home or in a class situation.
- Easy and light to transport.

Additional Information

SKU	SR635
Weight	1.000000